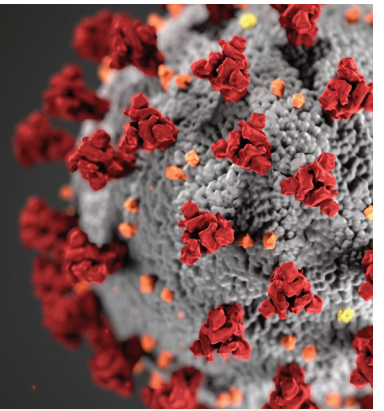


Are you pregnant?

Here's what you need to know about COVID-19 and Asante hospitals



Is it safe to deliver my baby at the hospital?

Asante is taking precautions to ensure you and your baby remain safe. These include:

- Only one person may accompany you during your delivery.
- If you have or are suspected to have COVID-19 and go into labor, we will place you and your partner in an isolation room for delivery.
- OB patients seeking care at the Family Birth Center with complaints of cold or flu-like symptoms will be rerouted to the Emergency Department for evaluation first, then be given appropriate care. Those without signs of illness will be allowed into the Family Birth Center as usual.

Can COVID-19 cause problems for a pregnancy?

It is not yet known whether the coronavirus that causes COVID-19 would cause problems during pregnancy or affect the health of the baby after birth.

Can the coronavirus that causes COVID-19 be passed from a pregnant woman to the fetus or newborn?

We still do not know for sure. No infants born to mothers with COVID-19 have tested positive for the COVID-19 virus. In these cases, which are a small number, the virus was not found in samples of amniotic fluid or breastmilk.

Can I feed my baby breast milk if I have COVID-19?

Breastmilk protects children in ways that formula cannot. It remains the safest, most nutritious and reliable food source for your baby. At this time, COVID-19 does not appear to be transmitted through breastmilk. It is critical that you take all possible precautions to avoid spreading the virus to your baby, including washing your hands before touching them and wearing a face mask, if possible, while feeding at the breast. If pumping milk, be sure to wash your hands before touching any pump or bottle parts and follow recommendations for proper pump cleaning after each use.

From the Oregon Health Authority and Centers for Disease Control and Prevention, March 30, 2020

